# YOUR BOOK IS YOUR TICKET TO FREEDOM

## **22 Case Studies**

## s of People Just Like You







# YOUR TICKET TO FREEDOM IS CLOSER THAN YOU THINK.

My name is Kary Oberbrunner, and I want to thank you for expressing interest in this brief e-book.

You're about to meet 22 people who are similar to you in many ways. Like you, they wanted to write a book. And also like you, they wanted people around the world to read their book and be better for doing so.

A short while ago, I didn't know any of these 22 people. Today, each of them is incredibly special to me. Keep reading, and you'll soon understand why. Read a little further, and I may be able to help you just as I helped them.

I mean it when I say that your ticket to freedom is closer than you think—much closer.

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**JON PETERS** 

WHEN LIFE GRABS YOU BY THE BASEBALLS

FINDING HAPPINESS IN LIFE'S CHANGEUPS

## FREEDOM TO CONQUER PAST DEMONS

Jon was the first-ever high school athlete to appear on the cover of Sports Illustrated. He nearly destroyed his life with alcohol, but then discovered a path to recovery.

JON PETERS

Texas, USA

- Made a difference in other people's lives.
- Gained more **opportunities to speak** to various audiences.
- **Spread my message** to more people across the country.
- **Appeared on all major television networks** (ABC, CBS, NBC, Fox) in Houston.
- Have increased my speaking fees.



HYACINTH WHEELER-FRASER

#### FREEDOM TO TURN SETBACKS INTO SETUPS

Hyacinth is one of our many international authors who benefits from distribution to over 39,000 channels worldwide.

## **HYACINTH FRASER**

Nottinghamshire, UK

- Gained confidence to step out of my comfort zone by using podcasts, livestreaming, and blogs to further my message of hope that you can turn setbacks into setups.
- Was featured on local and national radio interviews.
- Created **2 online courses** that integrate with my book.
- Gained more **speaking opportunities around the UK** at local and national women's events, a national summit, and regional convocations.
- Closed the gaps on my way to living my dream.



## FREEDOM TO HELP CHILDREN

Jennifer has sold over 10,000 copies of her books.



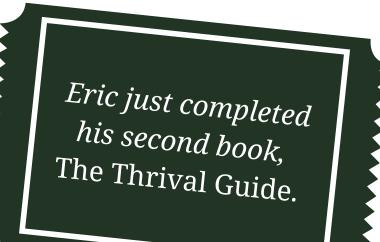
### **JENNIFER DIZMANG**

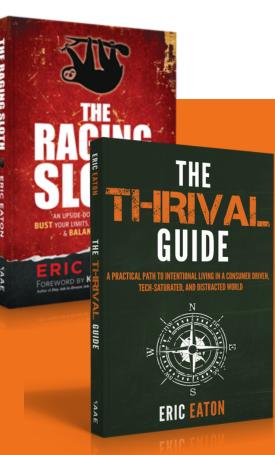
Colorado, USA

- Created an **international speaking business** where I speak to students and teachers in schools and orphanages in Germany, Mexico, Vietnam, Cambodia, and Laos.
- Partnered with non-profits, like United Way, to do **large keynote presentations** at their teacher conferences on social, emotional, and behavioral topics.
- Stepped out of my comfort zone and **learned how to create a business**.
- Teamed up with many fire departments that bought my books in bulk. They put one of my books in every elementary classroom in their city, and I taught presentations on fire safety. Based on statistics of how many children die by fires and carbon monoxide poisoning, I feel grateful I played a role in **saving lives**.
- Met thousands of amazing people and **sold over 10,000 copies of my books**.



#### FREEDOM TO ADDRESS CHRONIC ILLNESS





#### ERIC EATON Colorado, USA

- Shared **the locked-up story** inside me with the world.
- Accepted **speaking opportunities** that never would have been available to me in the past.
- Broke through self-limiting beliefs that prevented me from thinking I could be an author.
- **Consult, coach, and counsel** individuals who live in chronic pain.
- Received numerous stories from individuals **thanking me** for giving them a resource to help them.

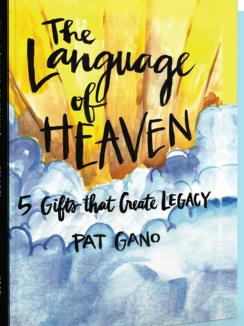


### FREEDOM TO OVERCOME STEREOTYPES

Pat published her book at the age of 83, making her our oldest author thus far.

## PAT GANO

Ohio, USA



- Demonstrated that **people of any age** can impact others.
- Fulfilled the dream God gave me by publishing a book, even at the age of 83.
- Launched my book with a livestream watched by people around the world.
- Encouraged others that they can say yes to their dream too.
- Leveraged my book and created content for my **speaking**, **coaching**, **and training business**.

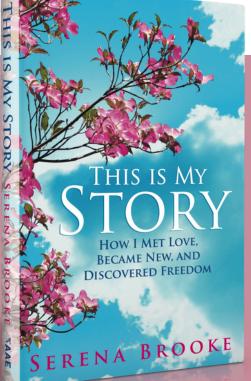


## FREEDOM TO HELP HER PEERS

Serena published her book at the age of 18, making her our youngest author thus far.

## **SERENA BROOKE**

Ohio, USA



- Fulfilled the dream God gave me of **publishing a book at the age of 18**.
- Communicated on issues touching **my generation**.
- Turned my pain into a **platform**.
- Heard from readers that my book **helped them open up** about their own struggles.
- Was surprised that most of my books have been purchased by adults **for their kids**.



### FREEDOM TO SPEAK TO PRISONERS

Farshad's book has gained international bestseller status and has been translated into Vietnamese and Spanish.

## FARSHAD ASL

California, USA

## NO EXCUSES MINDSET



FARSHADASL

- Launched a volunteer coaching series in the Northern California prison system. Approximately **350 inmates participated** in an intensive eightweek training course to develop a "No Excuses" Mindset. They've all committed to living their lives without excuses.
- Secured international bestseller status and released versions in Vietnamese and Spanish.
- **Increased brand recognition**. People now know me as the author of *No Excuses Mindset*.
- Was featured by Forbes Coaches Council and headlined in over 40 different media channels across the United States.
- Was invited to be a **GAMA International speaker**. This organization has a platform of 3,000 members.



## FREEDOM TO REACH THE NEXT GENERATION

Michele's book has allowed her to provide extra resources for busy educators.

## MICHELE EICH

Illinois, USA



- Increased my platform to **reach students all over the world** and secure more speaking opportunities.
- Helped busy educators by creating **companion materials** that complement my book.
- Created **an online store**, Transformation Station, on a website called *Teachers Pay Teachers*.
- Discovered the freedom and resources to **do what I love**.
- **Spread the message** of standing up to bullies and following your dream.



#### FREEDOM TO SECURE KEYNOTE SPEAKING GIGS

Derek's book received over 50 five-star Amazon reviews.

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## DEREK DEPREY

Wisconsin, USA

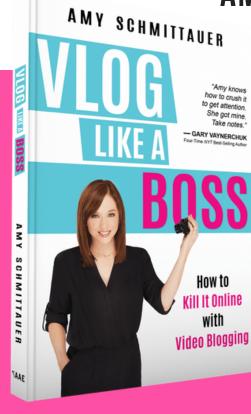
- **Conquered my fear of public speaking**, once and for all, after freezing on-stage at a major banquet. I was also selected as a commencement speaker at my alma mater.
- Boosted my social media following over 50%.
- Secured **big business clients**, such as Kohler Company, MillerCoors, Goodwill, and Johnson Controls.
- **Overcame a major self-limiting belief** from high-school (an ACT score of 19, including an 11 in reading/writing).
- Increased my speaking fee **by 60%**.

## FREEDOM TO RAISE SPEAKING FEES

Amy has received invitations to speak at conferences all over the world. Her book allows the attendees to take her expertise home with them.

#### AMY SCHMITTAUER LANDINO

Ohio, USA



- Was **featured in** *Inc.* **magazine**. The article highlighted my book and business.
- Received and accepted **foreign translation** offers from Slovenia and Turkey.
- Was **contacted by Tony Robbins** to teach his Business Mastery clients.
- Remained on the **bestseller list** for over a year.
- Can now **qualify clients** effectively, helping me discern who are the best ones to work with.



#### FREEDOM TO CREATE A MOVEMENT FOR WOMEN

As a former Miss Ohio and Mrs. International winner, Lisa wrote a book to help other women achieve their own crowning moments.



5 Steps To Overcome Our Misconceptions And Achieve Our Own Crowning Moments



#### LISA MOSER Ohio, USA

- Expanded my **coaching business** and created a companion online course and workbook.
- Gained more speaking opportunities and increased my speaking fees.
- Increased brand awareness through **television**, **radio**, **and podcast interviews**.
- Wrote articles featured in **national publications**.
- Participated in **book signings** at Barnes & Noble.

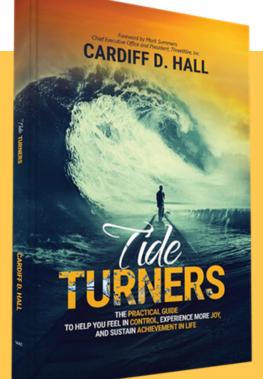


#### FREEDOM TO GET BOOKED ON DOZENS OF PODCASTS

Cardiff published his book and then shared about it as a featured guest on 26 podcasts.

## **CARDIFF HALL**

Minnesota, USA



- Was **a featured guest on 26 podcasts to date**, including Best of iTunes: *Entrepreneur on Fire*.
- Expanded my coaching business.
- Secured my first paid speaking opportunity.
- Am now seen as a **thought leader**.
- **Expanded my message** to reach people from around the world, even as far as Africa.



#### FREEDOM TO START A YOUNG ADULT BOOK SERIES

Nanette implemented our model for how to turn a fiction book into an online business with multiple streams of income.

## NANETTE O'NEAL

Pennsylvania, USA



A Doorway

Back to Forever

- **Overcame self-limiting beliefs** about being a novelist and entrepreneur.
- Discovered how to leverage my novel to create an online business with coaching, speaking engagements, and educational materials.
- Received numerous **speaking and teaching opportunities** to promote my book and business, both online and in group settings.
- Expanded my business to include editing services and story structure analysis.
- Published **two novels** in my seven-book novel series.



## FREEDOM TO SPREAD THE GOOD NEWS

Aaron wrote his

book in the jungles

of Papua New

Guinea.

## AARON LUSE

Papua New Guinea

A missions-focused devotional from the jungle to your home

AARON LUSE

Tales from the Tribe

- Opened the door for **speaking opportunities** at corporations and universities.
- Sold over 1,000 copies of the book within the first 2 months.
- Made additional contacts on four different continents to expand our message.
- Created **follow-up products**, including an app and online course.
- **Increased awareness** for global missions in the lives of individuals and churches.



#### FREEDOM TO HELP MORE NONPROFITS RAISE MONEY

Mary's book 10xed her coaching business and increased her income streams.



## MARY VALLONI

Missouri, USA

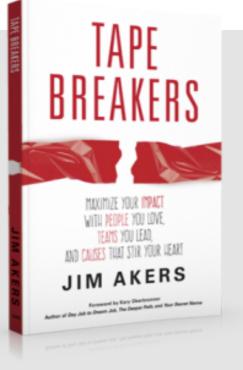
- Made a **business partnership** with a successful thought leader that allowed me to impact thousands of missionaries' lives.
- Launched a **podcast, membership site, and coaching program** and hosted a 3-day training, all based on the book.
- **Impacted people around the world** and have received messages from global nonprofit leaders.
- Was invited to teach at nonprofit **conferences** and lead **training programs** across the country.
- **Stepped out of the shadows and into my calling.** I've been able to clearly share and live out the vision God gave me.



## FREEDOM TO INCREASE IMPACT



#### JIM AKERS California, USA

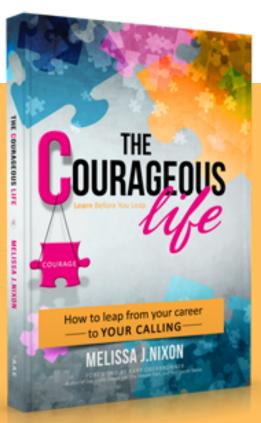


- Broadened my coaching and speaking platform.
- **Expanded my mission** to help people win at what matters most.
- **Improved my writing skills**, which has helped me become a better speaker and communicator.
- **Created connections** that have led to speaking, coaching, and event opportunities.
- Made a positive **transition from corporate leadership**.



## FREEDOM TO START A COACHING COURSE

Melissa signed a high-end VIP coaching client as a result of her book launch.



## **MELISSA NIXON**

North Carolina, USA

- Secured more speaking engagements that **expanded my** audience and demographics.
- Increased product sales at events.
- **Grew revenue** in multiple areas of my business, including my coaching programs.
- Attracted my ideal high-end VIP coaching client from Facebook during the launch process.
- Have been **featured multiple times** on television.



#### FREEDOM TO GAIN MORE COACHING CLIENTS

Linda has grown her business to six figures since publishing her book.

## LINDA OUTKA

South Dakota, USA

## PEBBLES MY SHOE

Three Steps to Breaking through Interpersonal Conflict



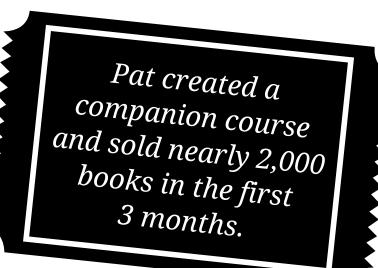


Foreword by Kary Oberbrunner Author of Eixir Project, Day Job to Dream Job, The Deeper Path & Your Secret Name

- **Grew my coaching and speaking business** and gained the confidence to increase my fees for both services.
- **Designed a conflict resolution package** that is relevant for business, ministry, and individuals.
- Was interviewed on **podcasts and radio shows** with audiences around the world.
- Have raised my annual gross income to **six figures**.
- Gained clarity to **say no** to business opportunities that aren't in the center of my strength zone and **say yes** to those that fit my passion.



### FREEDOM TO GROW AN ONLINE BUSINESS



#### PAT LUSE Iowa, USA

THE AT LUSE

- Secured **additional speaking opportunities** in previously closed markets.
  - **Increased global impact.** My book is now selling across the US and in Europe and approaching 2,000 sales in the first 3 months.
- Created a **global online course**.
- **Spread my message.** On a monthly basis, I help hundreds of people lose weight, reverse diabetes, get off medications and feel young again. By live-streaming the class based on my book, I now have people coast to coast regaining their health with The 7 Systems Plan.
- Expanded my coaching business. Doctors from all over are now utilizing my book and course in their office and getting amazing results from their patients.



## FREEDOM TO START A RADIO SHOW

Niccie now has a regular spot on the largest talk radio show on the internet with 108 million listeners.

## NICCIE KLIEGL

Iowa, USA

ADOPT YOUR LIFE PURPOSE
ABIDE IN HEALTHY LIVING
ACCEPT ABUNDANCE

#### AWAKING THE LIVING LEGACY

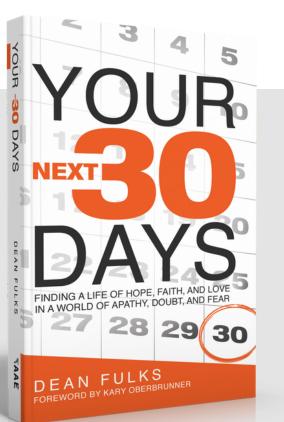
NICCIE KLIEGL FOREWORD BY KARY OBERBRUNNE ALTHOR OF EINTR PROJECT, DAV JOB TO DERAMJOR, THE DEEPER PATH, AND YOER SICKET NAME

- Repurposed my book content to create **multiple streams of income**.
- Hosted a women's retreat that became so successful that we received requests to do something similar in over **20 other cities**.
- Launched my online course based on my book one month after the release. It has generated more **passive income** than I ever dreamed.
- Increased my speaking fees by **hundreds of dollars** and my coaching fees by **thousands of dollars** all within the first year of my book release.
- Accepted an offer as a regular on **the largest talk radio show on the internet** with 108 million listeners.



## FREEDOM TO BUILD THE KINGDOM

Dean sold nearly 6,000 books in the first 3 months, allowing him to help more people.



DEAN FULKS Ohio, USA

- Increased my **Kingdom influence** with new believers.
- Collaborated with people I never thought possible.
- Opened my eyes to **new possibilities** of ministry.
- Solidified my purpose in what I'm currently doing.
- Discovered **a creative outlet to dream** more than ever.

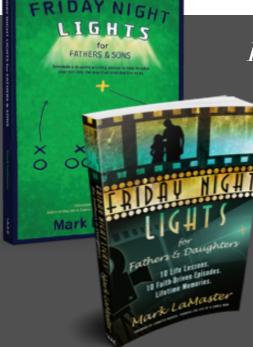


#### FREEDOM TO CREATE A MOVEMENT FOR FATHERS

Mark has done multiple book signings and talks at Barnes & Noble stores. He also created several online courses integrated with his book.

## MARK LAMASTER

Minnesota, USA

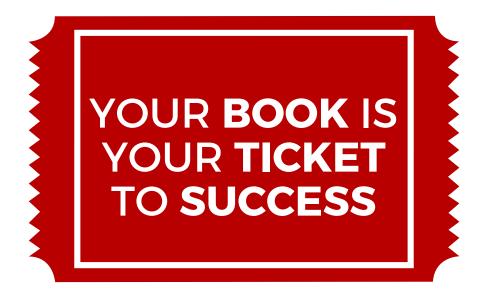


- **Spread the message** that God put on my heart to help dads develop deeper and more meaningful relationships with their kids.
- Have been able to speak at men's ministry events, business events, and parenting groups.
- Built an online video coaching course and coaching business.
- Increased my confidence to set goals **beyond my wildest dreams**.
- Created income to transition **from my day job to my dream job**.

# ARE YOU READY FOR FREEDOM?

Do you have a message to share with the world?

Publishing a book the right way can bring freedom, finances, and fulfillment.



Join me on this FREE webinar where I share insider tips and tools on how to write, market, and publish your book successfully.

